



Troop 432 - Overnight Packing Suggestions

The 10+ Essentials

- Extra Clothing Layer(s)
- Water Bottles (2 Nalgene type)
- First-aid Kit
- Pocketknife
- Matches (in waterproof container)
- Compass / GPS
- Headlamp or Flashlight (w/ extra batteries & bulb)
- Sunglasses (w/ retaining strap)
- Sunscreen
- Day Pack

Hiking Clothing

- Quick-dry pants / shorts
- Short-sleeved shirt
- Long-sleeved shirt
- Warm Pants
- Fleece Jacket
- Fleece Vest
- Wicking Long Underwear (top/bottom)
- Regular Underwear
- Quick-dry Swimsuit

Outerwear

- Rain Gear (jacket & pants)
- Wide-brimmed rain/sun hat
- Warm hat (fleece)
- Fleece Gloves/Mittens
- Waterproof Gloves/Mittens
- Bandanna

Footwear & More

- Hiking Socks
- Wicking Liner Socks
- Hiking Boots (shoes that match the terrain)
- Camp Shoes
- Extra Laces
- Hiking Pole(s)

Personal Items

- Toilet Paper
- Toothbrush & Toothpaste
- Small Bath Towel
- Brush/Comb
- Lip Balm
- Insect Repellent

Mess Kit

- Knife
- Fork
- Spoon
- Plate
- Bowel
- Cup

What NOT to Pack

- Hand-held Video Games
- Radios
- Electronic Devices
- Candy/Junk Food
- Soda